



TEAM ALLIANCE

TEAMWORK THAT WORKS



REFLECTION



Name:

Date:

Purpose

This handout helps you to reflect on how the Team Alliance Canvas builds collaboration, trust, and accountability. These questions align with CASEL competencies to develop skills like self-awareness, social awareness, relationship skills, self-management, and responsible group decision-making.

A. Self-Awareness

1. How did creating the Team Alliance help you better understand your own values and what's important to you in a team?
2. Which value or behavior do you feel most connected to, and why?

B. Social Awareness

1. How do the shared values your team chose reflect what kind of team you want to be?
2. What did you learn about your teammates that will help you work together better?

C. Relationship Skills

1. How will your team's conflict resolution plan help you handle disagreements respectfully?
2. How can giving and receiving feedback help your team grow stronger?

D. Future Goals

1. What is one way your Team Alliance can help your team make better decisions?
2. What can you do to hold yourself accountable to the Team Alliance agreements?